



## **TASL SLIDE TACKLING POLICY** **FOR WOMEN, ALL COED, MEN'S OVER 40 & MEN'S OVER 50 DIVISIONS**

**SLIDE TACKLING IS STRICTLY FORBIDDEN IN THE TASL  
WOMEN, ALL COED, MEN'S OVER 40 & MEN'S OVER 50 DIVISIONS.**

The slide tackling policy for these leagues is as follows:

- A player slide tackling the first time during a game shall receive an immediate yellow card
- A player slide tackling the second time during a game shall receive a red card and a one game suspension
- Every slide tackle shall result in a direct free kick (a penalty kick if in the penalty box).

Generally, a slide tackle is an intentional slide within your horizontal body length of an opposing player. Whether the opposing player was touched in any way is irrelevant; a “clean” slide tackle shall still result in a card and free kick. The gender of the person slide tackled makes no difference, as all slide tackles are illegal.

The referee has discretion to determine what is and what is not a slide tackle, but the referee has no discretion regarding the imposition of a card or cards.

The following plays are legal:

- Sliding for the ball when there are no other players within your horizontal body length.
- A goalie sliding for the ball, even if feet first, so long as the goalie's intention is to catch or smother the ball
- Reaching for the ball but unintentionally slipping due to field conditions, etc.

We understand that slide tackling is part of the usual rules of soccer. However, because men, women and older adults are playing together, we are being extra cautious in order to reduce the risk of injury.

***Please notify all players, both new and returning players,  
of this and other TASL rules relating to these leagues.***

Thank you for your cooperation and understanding.